



Sudbury 2025

Ontario 55+ Summer Games
Jeux d'été de l'Ontario 55+

Participant Handbook



Land Acknowledgment

The 2025 Ontario 55+ Summer Games, hosted in the City of Greater Sudbury, acknowledge that these Games take place on the traditional lands of the Anishnaabe people and the 1850 Robinson Huron Treaty. This territory is shared by the Atikameksheng Anishnawbek and the Wahnapiatae First Nation.

We recognize our responsibility to honour and respect the inherent and Treaty Rights of all Indigenous Peoples across this land. As we gather for these Games, we are committed to reflecting the principles of Truth and Reconciliation throughout our event, from planning and participation to celebration and legacy.

We honour the deep cultural contributions of Indigenous Peoples to this land and acknowledge the important role they play in shaping the spirit and strength of our community. Through collaboration and mutual respect, we strive to create a welcoming, inclusive Games experience that celebrates diversity, respects Indigenous knowledge and recognizes the past, present and future contributions of First Nations, Inuit and Métis Peoples.

Miigwetch

Table of Content

Welcome to the City of Greater Sudbury . . .	3
Message from the Lieutenant Governor of Ontario, The Honourable Edith Dumont . . .	4
Greetings from the Honourable Neil Lumsden, Minister of Sport	5
Message from the Mayor	6
Message from the President of the Ontario Senior Games Association	7
Message from the Games Organizing Committee General Manager and Chair	8
Thank You Sponsors and Partners	9
2025 Games Organizing Committee	11
Games Headquarters	12
Registration and Accreditation	13
Meals and Food Services	15
Transportation	16
GOVA Information	17
2025 Event Schedule	18
Opening Ceremony	18
Games Medal Design	19
Middle Night	20
Sport Venues	
5-Pin Bowling	22
Bid-Euchre	22
Billiards	22
Bocce	23

Cycling	23
Cribbage	23
Darts	24
Euchre	24
Floor Shuffleboard	24
Golf	25
Pickleball	25
Prediction Walking	25
Slo-Pitch	26
Swimming	26
Tennis	26
Official Games Merchandise	27
Games Location Map	28







Welcome to the City of Greater Sudbury

Greater Sudbury, located in Northern Ontario, offers a blend of natural beauty, vibrant culture and rich history. As the region's largest city, it continues to grow, boasting a diverse population of more than 180,000 residents and a thriving community spirit. Surrounded by picturesque landscapes, Greater Sudbury is home to more than 300 freshwater lakes, including the world's two largest lakes within a city. The city features a thriving urban centre where visitors can relax and enjoy major attractions, cultural celebrations and the great outdoors.

The cultural scene presents an impressive array of festivals, galleries, museums and theatres that celebrate the city's rich history and cultural diversity. Annual events including the Up Here Festival and Northern Lights Festival Boréal showcase the vibrant arts community. Science North, a premier tourist attraction, delights visitors of all ages with its interactive, hands-on exhibits. Greater Sudbury is home to a wide variety of restaurants, satisfying every taste and serving as a hub for shopping and dining in Northern Ontario.

With a 140-year history and deep expertise in mining, Greater Sudbury is a global mining hub, recognized internationally for its sustainable practices, including decades-long greening efforts. The Big Nickel, a giant replica of a Canadian nickel, stands as an iconic landmark and symbol of the city's industrial legacy.

With its unique blend of urban energy, natural beauty and local charm, Greater Sudbury is the perfect place to explore, relax and celebrate during the Ontario 55+ Summer Games.



THE LIEUTENANT GOVERNOR OF ONTARIO
LA LIEUTENANTE-GOUVERNEURE DE L'ONTARIO

August 5, 2025

I am delighted to extend my warmest greetings to everyone participating in the Sudbury 2025 Ontario 55+ Summer Games.

This event reflects values that resonate across Ontario: a commitment to inclusion, a belief in community, and the conviction that everyone should have meaningful opportunities to grow, engage, and shine—at every stage of life. From the athletes to the volunteers, from friendly rivalries to new friendships, these Games remind us that active living is about more than sport. It is about joy, pride, and belonging.

I also want to recognize the dedicated organizers, the Ontario Senior Games Association, the City of Greater Sudbury, and all those working behind the scenes to make these Games a success. Your commitment helps strengthen our communities and create spaces where people feel valued and inspired.

À titre de représentante de la Couronne en Ontario, je félicite chaleureusement toutes les participantes et tous les participants, ainsi que les nombreuses personnes dévouées qui rendent possible la tenue des Jeux d'été de 55+ Ontario 2025. Cet événement incarne l'esprit de communauté et célèbre la valeur d'un mode de vie actif. Que ces trois journées soient empreintes de camaraderie, de fierté et de moments inoubliables.

Salutations cordiales,

A handwritten signature in black ink that reads "Edith Dumont".

Edith Dumont



AUGUST 5 – 7, 2025

*Greetings from the Honourable Neil Lumsden
Minister of Sport*

On behalf of the Government of Ontario, it is my pleasure to welcome you to the 2025 Ontario 55+ Summer Games proudly hosted in the City of Greater Sudbury.

This biennial celebration of sport brings together almost 1,000 participants from across the province to compete in 16 exciting events. It is a testament to the power of sport to inspire, connect and energize individuals of all ages. These Games not only showcase the athleticism and spirit of Ontario's 55+ community but also highlight the importance of lifelong health, wellness and community engagement.

Ontario is proud to support this event through the Ontario Games Program, which helps communities host multi-sport events that promote participation, tourism and local pride.

Thank you to the Ontario Senior Games Association, the Games Organizing Committee, the City of Greater Sudbury and the many volunteers and sponsors whose dedication and enthusiasm have made this event possible.

I wish you every success in your competitions. Have a fantastic and unforgettable event!

Best regards,

The Honourable Neil Lumsden
Minister of Sport



Message from the Mayor

On behalf of the City of Greater Sudbury, I am delighted to welcome participants, families, and supporters from across Ontario to our vibrant northern community for the Ontario 55+ Summer Games—a celebration of community, spirit, and active living.

Greater Sudbury is a place where people come together and feel at home. We are honoured to host this year's Games and showcase the very best of our city—from remarkable recreational facilities and diverse cultural amenities to our breathtaking natural surroundings.

I extend my heartfelt thanks to the dedicated volunteers, organizing committee and local partners whose energy and enthusiasm have made this event possible. Your hard work reflects Greater Sudbury's generous hospitality and strong sense of community.

To all participants—enjoy the competition, explore our city and take with you lasting memories of your time here. We're thrilled to have you, and we hope to welcome you back again soon.

Mayor Paul Lefebvre
City of Greater Sudbury



Message from the President of the Ontario Senior Games Association

Welcome to the Ontario 55+ Summer Games!

On behalf of the Ontario Senior Games Association Board of Directors, we extend a heartfelt welcome to all multi-sport participants joining us from across the province. Over the next three days, you'll be part of an incredible celebration of active living, camaraderie and spirited competition.

We would also like to express our sincere gratitude to the dedicated volunteers, generous sponsors and the hardworking host committee. Your commitment and collaboration—especially in upholding all provincial and local health guidelines—have made these Games possible.

We're thrilled and hopeful that everyone will embrace this special opportunity to reconnect with longtime friends, forge new connections, and enjoy a safe, social environment filled with the sports and activities you love.

Here's to a memorable experience for all!

Daria Thompson
President
Ontario Senior Games Association



Message from the Games Organizing Committee General Manager and Chair

On behalf of the Greater Sudbury Games Organizing Committee, we're proud to welcome you to the 2025 Ontario 55+ Summer Games in Greater Sudbury!

These Games are a true celebration of community, healthy living and friendly competition. We're incredibly grateful to our volunteers, staff and partners whose dedication has made this event possible. Thank you for all of your hard work and dedication leading up to and during the Games.

To all participants and visitors—thank you for being here. Enjoy the Games, explore Greater Sudbury and experience the pride and hospitality of our community!

Barb Nott
Chair, Games Organizing Committee

Paula Green
Games Coordinator/General Manager

Thank You Sponsors and Partners

Opening Ceremony and Middle Night Sponsors

AUTUMNWOOD
Mature Lifestyle Communities



TIMBERWOLF
G O L F  C L U B

Friends of the Games



Together helping charities do more.



Thank You Sponsors and Partners

Sport Event Sponsors

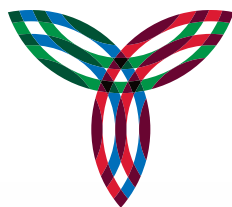


Games Partners



2025 Games Organizing Committee (GOC)

Games General Manager/Coordinator	Paula Green
GOC Chair	Barb Nott
GOC Executive Committee	Paula Green, Barb Nott, Jessica Watts, Lara Fielding
Accommodations Sub-Committee Chair	Corissa Blaseg
Food Services Sub-Committee Chair	Audrey Beatty
Logistics Sub-Committee Co-Chairs	Jessica Watts and Taylor Fratin
Marketing and Communications Sub-Committee Chair	Shawna Panas-Cole
Medical Sub-Committee Co-Chairs	Daniele Gervais and Emma Naughton
Registration Sub-Committee Co-Chairs	Danika Dokis and Brittany Reinhardt
Security Sub-Committee Chair	Steve Ramnath
Special Events Sub-Committee Co-Chairs	Corissa Blaseg and Leah Stack
Sponsorship Sub-Committee Co-Chairs	Shelley Walushka and Kyle Marcus
Sport Technical Sub-Committee Co-Chairs	Robert McIlvenna and Suzanne Sardinha
Transportation Sub-Committee Chair	Johanna Gatien
Volunteer Services Sub-Committee Co-Chairs	Barb Nott and Pat Belanger



Sudbury 2025

Ontario 55+ Summer Games
Jeux d'été de l'Ontario 55+

Games Headquarters

Adanac Ski Hill Chalet



744 Beatrice Crescent, Sudbury, ON P3A 5B5



311 or 705-674-4455 ext. 5500



55plusgames@greatersudbury.ca



55summergames.greatersudbury.ca

Headquarters Hours of Operation

August 5 to 7, 2025



7 a.m. – 7 p.m.



7 a.m. – 10 p.m.



Registration and Accreditation

Please read carefully.

Sponsored by: 

Registration

Tuesday, August 5, 2025

9 a.m. – 9 p.m.

Location

Gerry McCrory Countryside Sports Complex – Hall of Fame Room

235 Countryside Drive, Sudbury, ON, P3A 5A2

To receive your Accreditation Badge, please bring the following:

- **Valid photo ID**
- **Completed Medical Form** (to be kept in your Accreditation Badge throughout the Games)

Each participant is required to pick up their own Accreditation Badge in person.

If you're arriving on **Wednesday, August 6**, please be sure to **check in at the Games Headquarters** before attending your first event.





Headquarters | Quartier général

 744, crois. Beatrice Cres.,
Sudbury, ON P3A 5B5

 311 or/ou 705.674.4455 ext. | poste 5500

 55plusgames@greatersudbury.ca

Follow The Games | Suivez-nous

 55summergames.greatersudbury.ca
jeuxdete55.grandsudbury.ca

 Sudbury55PlusGames

 @sudbury55plusgames

 @Sudbury55plus



This section is for volunteer use only when badge holder receives their meals:
Cette section est réservée aux bénévoles avec insigne qui reçoivent leurs repas :

- ☐ Lunch | Déjeuner – August 6 août
- ☐ Middle Night Dinner | Soirée de la mi-semaine August 6 août
- ☐ Lunch | Déjeuner – August 7 août

At Registration, you'll receive:

- Your **Accreditation Badge**
- A **Welcome Package** with helpful information and goodies

Please remember to wear your Accreditation Badge at all times during the Games. It's your all-access pass to the Opening Ceremony, Middle Night at Science North, competition venues, food services and Games transportation (if eligible).

Lost Accreditation Badge? Here's What to Do:

If you misplace your Accreditation Badge, don't worry—we're here to help!

1. Let your Sport Manager know right away.
2. They'll contact Games Headquarters by phone or email to report the lost pass.

When reporting a lost Badge, be sure to include:

- Your full name
- Your sport

Once your information is verified, Games staff will prepare a replacement Accreditation Badge.

Please pick up your replacement Badge in person at Games Headquarters.

Your Accreditation Badge is important. Please keep it safe!



707 LORNE STREET

SUDBURY

Phone 674-7864

SUDBURY'S FIRST AND FINEST

EAT-IN, PICK UP, OR HAVE IT DELIVERED



Meals and Food Services

Breakfast

Participants are responsible for arranging their own breakfasts. Please check with your accommodation provider for meal times and options if available.

Lunch

A complimentary lunch will be served at sport venues daily between 11:30 a.m. and 1:30 p.m.

Snacks

Light snacks will be available at sport venues throughout the day.

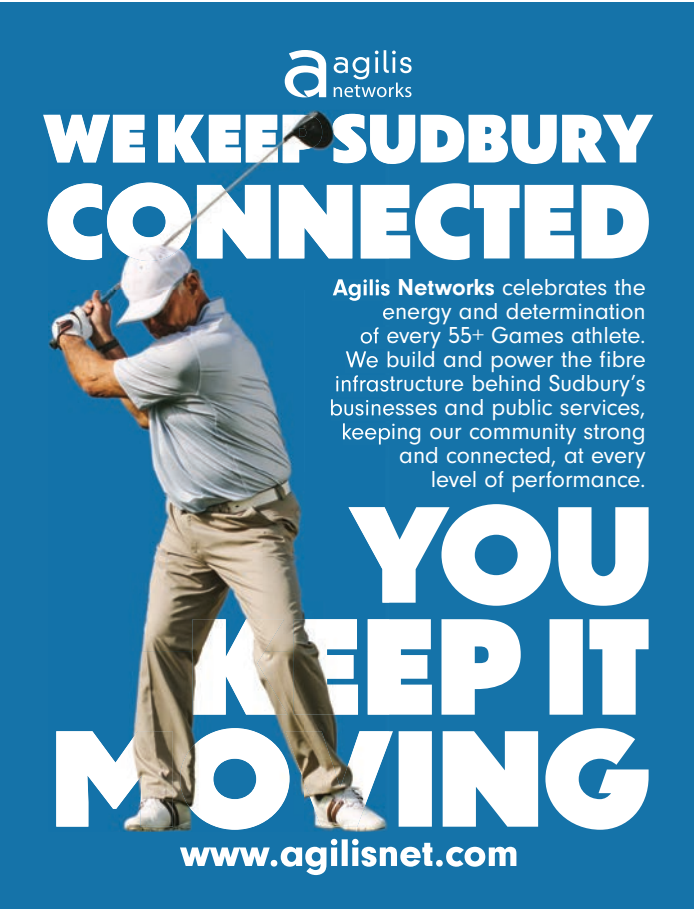
Opening Ceremony Dinner

Dinner **will not** be provided at the Opening Ceremony. However, food trucks will be on site with food available for purchase.

Middle Night Dinner

Dinner will be provided at the Middle Night event at Science North.

Please note: Our venues are **not nut-free environments**, and we cannot guarantee that any food served or brought into our facilities is free from cross-contamination with nuts or other allergens.



agilis
networks

WE KEEP SUDBURY CONNECTED

Agilis Networks celebrates the energy and determination of every 55+ Games athlete. We build and power the fibre infrastructure behind Sudbury's businesses and public services, keeping our community strong and connected, at every level of performance.

YOU KEEP IT MOVING

www.agilisnet.com



Design That Celebrates Culture, Connection & Community

Design de Plume is an Indigenous and women-owned creative agency that creates inclusive and accessible design solutions.

Let's create marketing solutions that truly connect.

Get in touch!
info@deplume.ca
705-222-5740
deplume.ca

SERVICES:

- Strategy
- Branding
- Campaigns
- Design Systems
- Websites

Design de Plume

Transportation

Limited transportation will be provided to and from the following hotels for participants and non-participants who signed up for transportation on their registration form.

- Hampton Inn
- Hilton Garden Inn
- Homewood Suites
- Microtel
- Radisson Hotel Sudbury
- Travelodge

The transportation schedule will be provided to those registered for transportation.

The buses will run as close to scheduled times as possible. Volunteers will be on-site and on buses to assist!

Sudbury Taxis

Aaron Taxi: 705-670-0000

Lockerby Taxi: 705-522-2222

U Ride: uride.co/become-a-rider

Cambrian College

Take on the world.

90+ programs. **Apply now!**

OLG proudly supports festivals and events across Ontario.

Together, we've been creating wins for our players and communities for **50 years**.

OLG est fière de soutenir des festivals et des événements partout en Ontario.

Ensemble, nous faisons gagner nos joueurs et nos collectivités depuis **50 ans**.

OLG 50

Play. Smart
Jouez. Sensé

GOVA Information

Complimentary GOVA public transit will be provided for all participants and non-participants registered for the Games.

When you board a GOVA vehicle to get to an event, tell the driver you are going to the 55+ Games to receive a free ride.

Buses will run on regularly scheduled routes and times.

For GOVA updates, please visit greatersudbury.ca/transit or call 311.

Want to find out in real-time how long it will take your bus to arrive at your stop? Use the MyBus app at mybus.greatersudbury.ca

Please note: All participants and non-participants using Games and GOVA transportation must show their Accreditation Badge to the bus driver before boarding.

Badges help ensure quick and easy access—thank you for keeping yours visible!



—Proud Partners—



2025 Event Schedule

Tuesday, August 5

- **Registration**
Time: 9 a.m. - 9 p.m.
- **Opening Ceremony**
Time: 7 - 8:30 p.m.

Wednesday, August 6

- **Day One of Sport Events**
- **Middle Night Event**
Time: 5:00 - 9:30 p.m.

Thursday, August 7

- **Day Two of Sport Events**
- **Medal Ceremonies** to follow conclusion of sport events at each sport venue

Event times



Opening Ceremony

Sponsored by: **AUTUMNWOOD**
Mature Lifestyle Communities



The **Opening Ceremony** of the 2025 Ontario 55+ Summer Games will take place at the beautiful **Grace Hartman Amphitheatre**, where you'll enjoy an unforgettable evening on the shores of Ramsey Lake!

Presented by **Autumnwood Mature Lifestyles Communities**, the Opening Ceremony will feature:

- An inspiring Athlete Flag Parade, showcasing participants from across Ontario
- A show-stopping Fleetwood Mac tribute by Sudbury's YES Theatre, along with other local talent
- A powerful torch lighting ceremony to ignite the spirit of the Games

Location:

Grace Hartman Amphitheatre, Bell Park, Sudbury

Date:

Tuesday, August 5, 2025

Time:

7 - 8:30 p.m.

Tickets:

Open to participants and non-participants registered for the Games. Your Accreditation Badge will be your ticket for entry.

What to bring:

- A blanket to sit on or a lawn chair. The amphitheater's bowl features fixed seating for 563 people, along with a grass area that can accommodate up to 1,400. Accessible seating is available in Section 2, Row M. Chairs can be provided for companions who do not require mobility aid.
- Bug spray
- An umbrella or rain coat
- A reusable bottle of water

AUTUMNWOOD
Mature Lifestyle Communities



Retirement isn't
the finish line,
it's the
starting line!

PROUD SPONSOR OF THE
ONTARIO 55+ SUMMER GAMES

autumnwood.ca



Games Medal Design

Sponsored by: **Design** 
de Plume

Greater Sudbury is known as the mining capital of Canada. The outline of this design uses a 12-sided shape to mimic the Big Nickel, one of the city's most iconic landmarks. The waves layered with land represent the more than 300 lakes located within city limits. The trees symbolize summer, as well as the decades of re-greening and environmental rehabilitation that have taken place in and around Greater Sudbury.

The city is also home to a large Francophone population and vibrant Indigenous communities, making it a cultural hub in Northern Ontario. The fleur-de-lis represents French heritage, identity, resilience and pride. The sun, often referred to as "Grandfather Sun" by Anishinaabe communities in the area, is a spiritual being that provides light, warmth, energy and life to all things.



Middle Night

The **Middle Night event** for the 2025 Ontario 55+ Summer Games will be hosted at none other than **Science North**, a true Northern Ontario gem!

Sponsored by:



What to expect:

- Enjoy a **Greater Sudbury-themed dinner** showcasing local flavours and culinary flair. Dinner tables and buffet stations will be located throughout this incredible venue.
- Explore the **Lego® exhibit**, where imagination meets engineering in dazzling brick-built creations.
- Meet the **iconic Bluecoats**, your science-loving hosts who bring the wonder of the North to life through engaging demonstrations.
- Get up close with **animal ambassadors**—furry, feathered and fascinating friends who call Science North home.
- Dance the night away in the iconic **Vale Cavern**, a stunning cave blasted out of solid rock that blends natural wonder with vibrant energy.
- Shop for **official Games merchandise**, available for purchase on site.



Location:

Science North, 100 Ramsey Lake Rd, Sudbury

Date:

Wednesday, August 6, 2025

Time:

5 - 9:30 p.m.

5 p.m. Cocktail hour

6 p.m. Dinner

Tickets:

Open to participants and non-participants registered for the Games.
Your Accreditation Badge will be your ticket for entry.

Discover the world of science at Science North, one of Canada's leading science centres, and Northern Ontario's most popular attraction, featuring interactive exhibits, live shows, and a planetarium.



Sport Venues



5-Pin Bowling

Plaza Bowl

1799 Garden St., Sudbury



Bid-Euchre

Sponsored by: Synergy

Holiday Inn

1696 Regent St., Sudbury



Billiards

Rhythm'N'Cues

1855 Lasalle Blvd., Sudbury



Sport Venues



Bocce

Sponsored by: Round Two
Fitness + Cycle Studio

Delki Dozzi Sports Complex

3 Mary St., Sudbury



Cycling

Sponsored by: E.X.I.T.

Delki Dozzi Sports Complex

3 Mary St., Sudbury



Cribbage

Holiday Inn

1696 Regent St., Sudbury

**GRAB LIFE
BY THE
BELLS**



**ROUND TWO FITNESS
+ CYCLE STUDIO**

Stay fit and active
longer, train for LIFE!

1010 LORNE ST, SUDBURY + 4648 OLD HWY 69 N, VALLEY EAST
michellegrano.com ~ 705-690-6402

E.X.I.T.
IT'S GOING TO HAPPEN

E.X.I.T. – Life Ready Planning, Digitally Delivered
Empowering individuals and families with secure, accessible, and
compassionate end-of-life planning tools. With E.X.I.T., preparedness isn't
just a task – it's a legacy of love.
It's Going to Happen. Be Ready.



**Sudbury
2025**
Ontario 55+
Summer Games
Jeux d'été de
l'Ontario 55+

Sport Venues



Darts

Lockerby Legion - Branch 564

2200 Long Lake Rd., Sudbury



Euchre

Sponsored by: [Chartwell](#)

Holiday Inn

1696 Regent St., Sudbury



Floor Shuffleboard

Naughton Community Centre

1955 Regional Rd. 55, Naughton



Sport Venues



Golf

Sponsored by: CEMI

Timberwolf Golf Club

1930 Maley Dr., Garson



CEMI helps advance commercially viable innovations to improve safety, productivity and environmental performance.

705.673.6568 

info@cemi.ca 

105 Elm Street | Sudbury, Ontario Canada P3C 1T3 

www.cemi.ca 



Pickleball

Sponsored by: Everline Coatings

a Cambrian Athletics Centre 3.5 and 4.0 - Mixed

1400 Barrydowne Rd., Sudbury

b Carmichael Arena 3.5 - Women

1298 Bancroft Dr., Sudbury

c Northern Credit Union Community Centre 3.5 - Men

300 Wessex St., Sudbury

d T.M. Davies Community Centre and Arena 4.0 - Men and Women

325 Anderson Dr., Lively



EverLine
Coatings and Services

 **EverFloor**  **SportMaster**
QUARTZ BLENDED SPORT SURFACES

**GAME-READY SURFACES
BUILT TO LAST**

- ✦ Sport Courts
- ✦ Driveways
- ✦ Epoxy Flooring
- ✦ and more!



(705) 921-5503 | everlinecoatings.com



Prediction Walking

Laurentian University Track

935 Ramsey Lake Rd., Sudbury

21 Lasalle Blvd., Sudbury

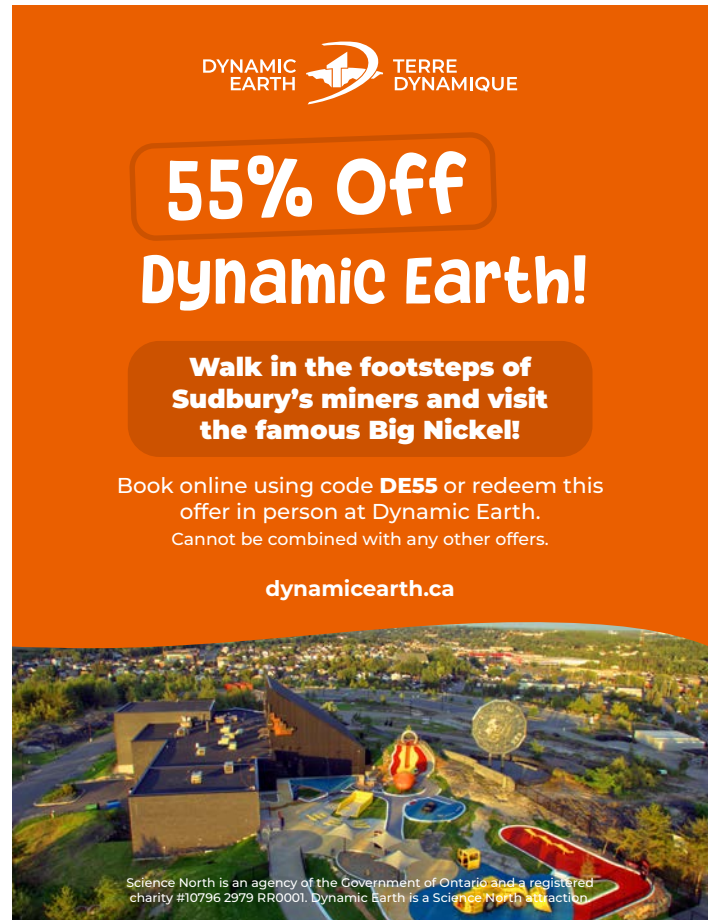


4040 Elmview Dr., Hanmer



30 Cypress St., Sudbury

- 1201 Paris St., Sudbury



Official Games Merchandise

Take home a piece of the Games!

Official Sudbury 2025 Ontario 55+ Summer Games merchandise will be available for purchase at select venues, provided by **Fine Designs Inc.**

Thanks to Fine Designs' quick service, most purchases take just 90 seconds—including item selection, on-site customization and payment. Cash, debit, and credit will be accepted.

In-Person Shopping Opportunities:

Tuesday, August 5

- **Registration**

Gerry McCrory Countryside Sports
Complex – Hall of Fame Room
235 Countryside Drive, Sudbury

Wednesday, August 6

- **Middle Night**

Science North, 100 Ramsey Lake Rd, Sudbury
5 – 9:30 p.m.

Thursday, August 7

- **Slo-Pitch**

Terry Fox Sports Complex
21 Lasalle Blvd., Sudbury
8:30 a.m. – 4 p.m.

- **Pickleball**

Cambrian Athletics Centre
1400 Barrydowne Rd., Sudbury
8:30 a.m. – 4 p.m.

- **Pickleball**

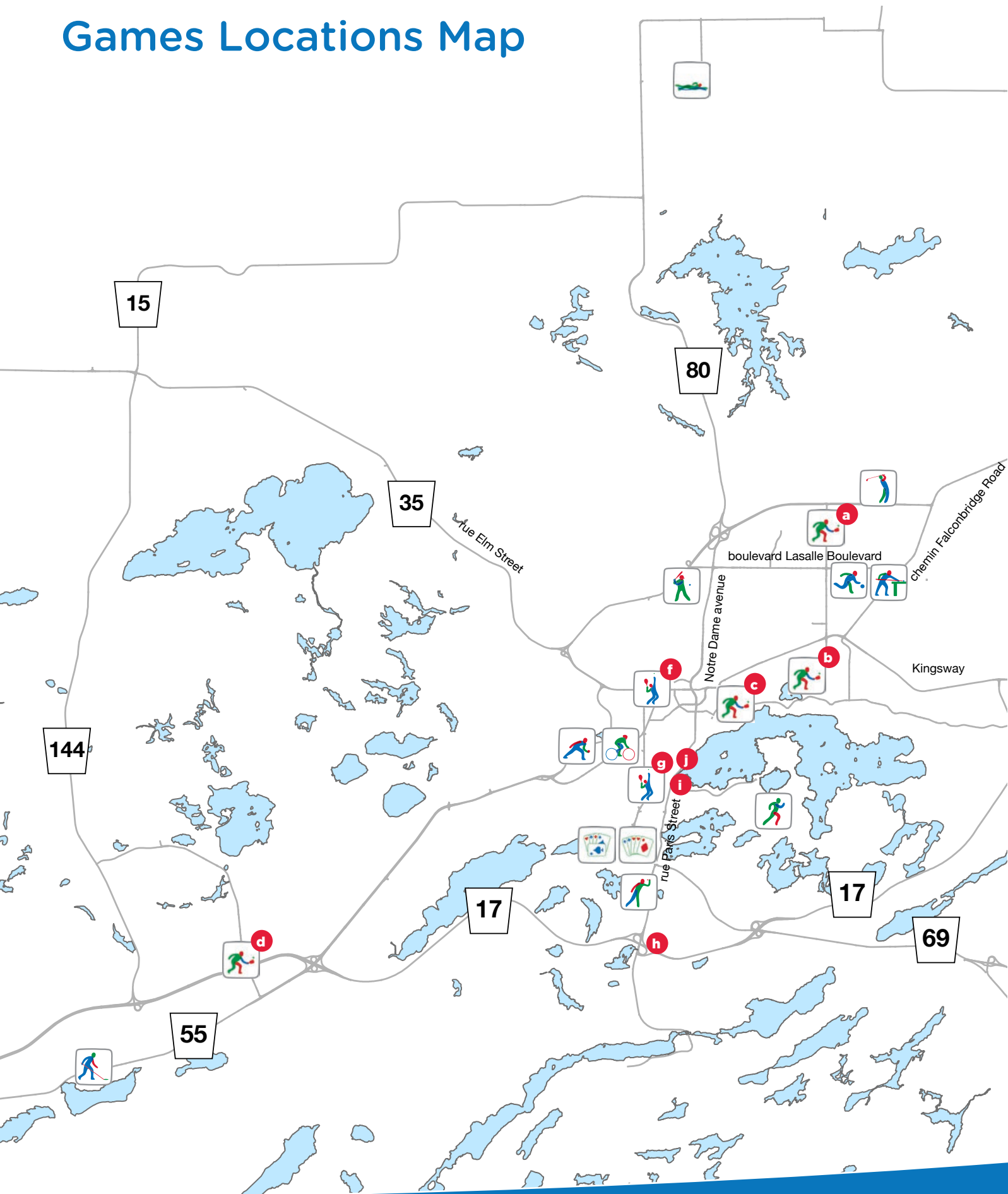
T.M. Davies Community
Centre and Arena
325 Anderson Dr., Lively
8:30 a.m. – 4 p.m.

Grab your gear, show your spirit and wear
your Games pride!

Merchandise venues and times are subject to change.



Games Locations Map



Legend



Bocce

Delki Dozzi Sports Complex



Bid Euchre, Euchre and Cribbage



Holiday Inn



Billiards

Rhythm'N'Cues



Cycling

Delki Dozzi Sports Complex



Darts

Lockerby Legion – Branch 564



5-Pin Bowling

Plaza Bowl



Golf

Timberwolf Golf Club



Pickleball

a Cambrian Athletics Centre

b Carmichael Arena

c Northern Credit Union
Community Centre

d T.M. Davies Community Centre
and Arena



Prediction Walking

Laurentian University Track



Shuffleboard

Naughton Community Centre



Slo-Pitch

Terry Fox Sports Complex



Swimming

Howard Armstrong
Recreation Centre



Tennis

f Sudbury Indoor Tennis Club

g James Jerome Sports Complex

Venues

h Gerry McCrory Countryside
Sports Complex

i Science North

j Grace Hartman Amphitheatre



**Sudbury
2025**
Ontario 55+
Summer Games
Jeux d'été de
l'Ontario 55+

welcome
bienvenue
aanii



DISCOVER | DÉCOUVRIR

Sudbury

discoversudbury.ca

  @sudburytourism

 **Sudbury**^{Greater|Grand}